

Responsibilities of Students:

- To not bully others.
- To help someone who is being bullied e.g. by telling the bully to stop, getting the victim away from the situation and informing a teacher.
- To inform an adult if they are being bullied or if they see someone else is being bullied.
- To persist until something positive happens ... if you tell someone and action hasn't been taken to help you, then tell someone else.

Reporting:

Who to report to...

- Tell your class teacher
- Tell the yard duty teacher or any teacher you can find
- Tell your friends and ask for their support
- Tell your parents

How to report ...

- Tell where it is happening
- Tell who is involved
- Say if it has happened before
- Say what you have done to try and prevent it

When to report ...

- As soon as you can. Do not leave it too long. Bullying is damaging.

What will happen?

Each case will be treated individually and confidentially.

- We will listen and talk to the person who has been bullied and the person who has bullied others.
- We will actively work to even the balance, to repair and prevent the repetition of bullying and harassment by using Restorative Practices.
- We will put negotiated consequences in place if this is required. Consequences will allow for flexibility depending on the nature, severity and extent of the bullying. Consequences may include time out, suspension or exclusion.
- Parents may be contacted, particularly in repeat offences.

It is important to remember...

Not all distressing or hurtful behaviour is bullying. For example:

**A single incident of malicious or aggressive behaviour - bullying and harassment are repeated actions.*

**Dislike – Although social rejection can be hurtful, it is not bullying unless accompanied by repeated and deliberate attempts to hurt or distress.*

**Conflict – arguments can be distressing but it is not bullying when both parties are upset and neither one is misusing power over the other.*

Craigmore South Primary School Anti-Bullying Policy



Craigmore South Primary School is committed to providing an environment that fosters our school values of:

Collaboration
Diversity
Integrity
Respect
Responsibility

Our Anti-bullying Policy links with our Behaviour Education Policy and is based on the following rationale:

At Craigmore South Primary all members of the school community are entitled to a safe, secure and caring environment. It is EVERYONE'S responsibility to ensure this happens. Bullying and harassment are issues which are treated very seriously as they can adversely affect a person's ability to work and learn. Therefore we work hard to find solutions to stop bullying.

Evidence suggests that the development of resilience and positive self-esteem can help protect people from the harmful effects of bullying, as well as help them build positive peer relationships.

Bullying ...What is it?

Bullying is repeated harmful behaviours that deprive individuals and groups of their rights, jeopardise physical and emotional safety and undermine the wellbeing of our school community and society

Bullying can take many forms. It can be physical, verbal, emotional or cyber bullying. Bullying can include, but is not exclusive to:

- Dominating others physically due to size, strength etc

- Hitting, kicking, punching, pushing or other unwanted contact.
- Taking or damaging something that belongs to someone else.
- Name calling, sarcasm.
- Teasing, spreading rumours.
- Making fun of someone because of physical characteristics, religious, sexual preference, cultural background or appearance.
- Using popularity to manipulate or control others.
- Mobile phone threats - texting messages and phone calls.
- Using social media to bully

Strategies we will use to deal with Bullying

- Openly talk about bullying – what it is, how it affects us all and what we can do about it.
- Use social programs as a vehicle for discussing and developing the positive habits of the mind as well as emotional resilience and getting along skills.
- Use the curriculum to teach about respectful relationships, civics and citizenship.
- Monitor situations between students to ensure their safety and wellbeing are maintained.
- Foster positive, respectful relationships amongst all members of the school community.

- Use restorative practices to maintain relationships

Responsibility of Staff:

- To model appropriate behaviour
- To record and deal with all reported and observed incidences of bullying.
- To protect the victim from further harm.
- To support students to deal with bullying.
- To set up processes to monitor the situation.
- To teach relevant lessons and programs to give students knowledge and build resilience.

Responsibility of Parents:

- To model appropriate behaviour.
- To instruct their children to inform if they are bullied.
- To speak to someone on staff at Craigmore South Primary if their child is being bullied or they suspect that this is happening.
- To monitor the ongoing welfare or wellbeing of their child.
- To work with the school to resolve incidents of bullying and create permanent change.
- To help their child solve problems positively and build resilience.