

Craigmore South Primary Canteen Menu

2022 TERM 2

GREEN – BEST CHOICES
AMBER – OCCASIONAL CHOICES
(GF) = Gluten Free

Qkr!

Online ordering available

TERM 2 SPECIALS

★Any Balfours sausage roll OR Pie + any hot drink = \$6.00

★B.L.T Wrap + water = \$6.00

Fresh Sandwiches/ Rolls

(White /Whole meal/ Turkish/ Hamburger Roll)

	Sandwich	Roll
Ham/ Chicken/ Tuna Salad	\$3.70	\$4.80
Egg Salad	\$3.70	\$4.80
Cheese	\$2.50	\$3.80
Vegemite/ Jam	\$1.70	\$3.30

Toasted Sandwiches (White /Whole meal)

*NEW Chicken/ Spinach/ Cheese/ Capsicum	\$3.80
Vegemite & Cheese	\$3.40
Ham & Cheese	\$3.80
Chicken & Mayo	\$3.80

Burgers *Salads optional

Schnitzel Burger (Let, cheese, Pineapple & Beetroot)	\$5.00
Beef (Cheese + Sauce)	\$5.00
Chicken (Let & Mayo)	\$5.00
Grilled Chicken (Let, Tom, Cheese & Garlic Aioli)	\$5.00
Grilled Chicken w/ Avo	\$5.00
Beef Burger with Special Sauce (Let & Cheese)	\$5.00

Wraps (White OR Wholemeal)

Salad Wrap	\$4.20
Low Fat Ham/ Chicken/ Tuna/ Salad	\$4.80
Sweet Chili Chicken (warm)	\$4.80
Southern Style Chicken (warm)	\$4.80
*NEW B.L.T (Bacon, lettuce & tomato)	\$5.00

Salad Bowls

Salad (Plain)	\$3.60
Egg Salad	\$4.20
Chicken/ Ham/ Tuna	\$4.60
Teriyaki Chicken Salad	\$4.60
Chicken & Avo Salad (Cherry Toms, Let & Cucumber)	\$4.60

Subs

Meatball Sub (Pizza sauce & Cheese)	\$4.80
Toasted Hot Ham and Cheese	\$4.80

Snacks

Banana Bread	.90c
Fresh Fruit	\$1.00
Muffins (ChocChip, Blueberry, Apple & Raspberry and White Choc)	\$1.00
Strawberry Jelly (Vegan/ GF)	\$1.50
Cheese Stringers	\$1.50
Greek Yoghurt Squeezes (Assorted)	\$2.50

Gluten Free

Vegetarian Rice	\$4.80
Gluten Free Nuggets (6)	\$4.80
Gluten Free Marconi & Cheese	\$4.80
Butter Chicken	\$4.80

Hot Dogs (Toasted)

Choose any extras: Sauce, Cheese, Mustard, BBQ Sauce & Onion)	\$4.80
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Balfours betta bite (low fat & salt)

Sausage Roll	\$4.20
Beef Pie	\$4.50
Pasty	\$4.50
Pizza Pie	\$4.50
Potato Pie	\$4.50

Hot Dishes

Penne Napolitana	\$4.80
Mac & Cheese	\$4.80
Vegetarian Rice	\$4.80
Lasagna	\$4.80
Butter Chicken (GF)	\$4.80
Nachos	\$4.80

Hot Foods

Hash Browns	\$1.50
*NEW Dim Sims Vegetarian + Soy Sauce	\$1.50 each
Garlic Bread	\$1.50
Spring roll	\$3.00
Fantastic Noodles (Beef or Chicken)	\$3.00
Sweet Potato Chips	\$3.50
Ham & Pineapple/ BBQ/ Margarita Pizza	\$4.20
Chicken Nuggets (6)	\$4.80

Ice Blocks & Ice Creams *Please note these are only available for purchase at lunch time or ordered through lunch bag.

Zooper Dooper No Sugar	Half .50c	Whole \$1.00
Berry Quelch Sticks	Half .50c	Whole \$1.00
Frozen Juice Cups Apple & Blackcurrant		\$1.80
Calippo Raspberry & Pineapple		\$2.00
Paddle Pop (Chocolate/Rainbow)		\$2.20
Paddle Pop Ice Twist (Lemonade)		\$2.20
Everest Ice Cream (Vanilla, Choc or Strawberry) Cup (GF)		\$2.20 (100ml)
*NEW Everest Ice Cream Cup (Mint or Salted Caramel)		\$2.40 (120 ml)
*NEW Everest Lemon Sorbet		\$2.40 (120 ml)
Streets Cyclone		\$2.80
Twisted Frozen Yoghurt (Mango & Watermelon)		\$3.20

Drinks

Bottled Spring Water	600 ml	\$2.00
Nippy's Fruit Juice (Apple, Orange and Apple & Blackcurrant)	250 ml	\$2.80
Chilled Peach Ice Tea (no caffeine)	250 ml	\$3.00
Up & Go (Chocolate/Vanilla)	250 ml	\$2.80
Krazy Krush (Assorted flavors + sour)		\$2.80
Nippy's Flavored Milk (Honeycomb, Choc and Strawberry)	250 ml	\$2.80
Hot Chocolate/ Hot Milo/ Hot Soup		\$2.00
Banana Smoothie w/ Honey and Yoghurt		\$3.00
Strawberry Smoothie		\$3.00
Focus Water Lite (Fruit Tingle/ Raspberry and Lemonade)		\$3.20

Canteen Information: Lunch bags are available for purchase for 10c each, and spoons and forks are available for purchase for 10c each. Prices of products are subject to change. Any increases will be kept to a minimum and will be announced in the school newsletter. Thank you, Fiona Coleman-Manager. ****See Canteen or Front Office for excursion packs****